

ADULT / MEN'S

	XS	S	M	L	XL	2X	3X	4X	5X
Chest	32"-34"	35"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-60"	62"-64"
Hips	31"-33"	34"-36"	37"-40"	41"-43"	44"-46"	47"-50"	51"-54"	55"-58"	59"-62"
Waist	25"-28"	28"-30"	32"-34"	36"-38"	40"-42"	44"-46"	48"-50"	52"-54"	56"-58"

HOW TO MEASURE

- 1. Bust:** Place the measuring tape under your arms at the fullest part of your chest, wrap around your body until your finger tips meet and make the measurement.
- 2. Waist:** Measure around your natural waistline where your hips start. Be careful not to squeeze too tight to allow a little give.
- 3. Hips:** With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.
- 4. Inseam:** Place the measuring tape on the crotch seam and measure to the hem (the inseam represents the measurement of the actual garment, not the body).
*Inseam lengths vary by product — visit the product page online or ask a Champion Teamwear representative to verify the inseam lengths of a specific product.